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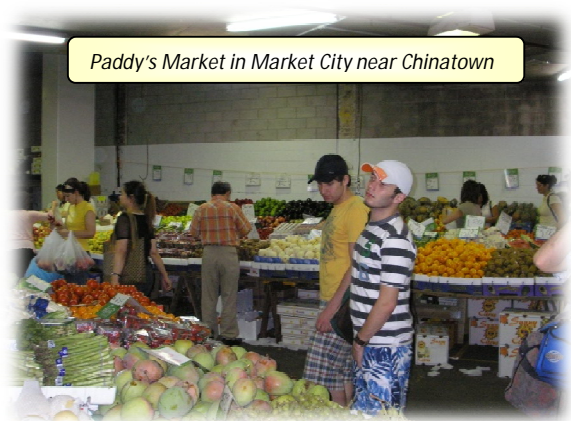
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Weekly Living Costs in Sydney

We estimate that students should budget for approximately **\$12,000 - \$18,000 per year for living expenses**. Below is a general breakdown of different living expenses for your reference.

Average Living Costs in Sydney (per week) (estimated in Australian dollars)			
1	Accommodation	\$110 - \$280	Cost depends on your "style" of accommodation
2	Food and Groceries	\$50 - \$100	Based on eating at home and packed lunches
3	Bus and Train Fares	\$20 - \$45	A blue TravelTen ticket is A\$15.20 for 10 rides
4	Phone Calls and Internet*	\$10 - \$20	Mobile phone calls will be more expensive
5	Gas, Electricity and Water	\$5 - \$10	Based on reasonable usage
6	Stationery & Photocopying	\$5 - \$15	
7	Other Expenses	\$50+	
Total		\$250 - \$365+	

1. The cost of housing varies according to the type of accommodation and location you want.
2. The cost of food and groceries also depends on your shopping preferences.
3. The cost of public transport depends on how far away you live from the College and how often you use it. The average cost per week on public transport is \$15. We recommend considering this cost when you decide where to live.



4. Your phone bills depend on your desire of using a phone at home, mobile phone or both.

If you wish to have a phone at home, you will need to pay a monthly line rental fee.

To call overseas, most students usually find it much cheaper to use pre-paid international calling cards which can be purchased at most convenience stores and newsagents.

*** All students can have free access to the internet at our college during our operating hours.**

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Some Typical Costs in Sydney



In many ways, Sydney is still an affordable destination and the cost of living is reasonable compared to other major cities around the world. Below are approximate prices for common goods and services and should give you a rough estimate of the cost of living in Sydney.

The list below aims to give you some ideas about some expenses you might incur.

Some Typical Costs in Sydney for 2009 (estimated in Australian dollars)		
1	A cup of coffee	\$2.50 - \$3.50
2	A can of soft drink	\$1.50 - \$2.00
3	Lunch in a café or a food court	\$8 - \$12
4	McDonald's Big Mac	\$4.45
5	McDonald's Big Mac McValue Meal (small)	\$6.25
6	Take-away food (Indian, Chinese, Thai, pizza etc)	\$8 - \$15
7	Yum Cha (Dim Sum)	\$12 - \$25
8	Movies (Tickets are cheaper on "budget nights")	\$8 - \$16
9	Disco/Club/Nightclub Entrance Fee	\$20 - \$30
10	Pint of beer (570ml)	\$3.50 - \$5.00
11	A haircut	\$12+ (men) / \$20+ (women)
12	A local phone call	\$0.50
13	A mobile phone text message (within Australia)	\$0.25+

14	A mobile phone call (to same network in Australia)	\$0.60+ per minute
15	Newspaper	\$1.50
16	Stamps for an overseas letter	\$0.80 - \$2.50
17	Bus fares (short trips within the city and to the inner suburbs)	\$1.90 - \$4.20



Sydney's bus network extends to most suburbs. Fares depend upon the number of 'sections' you pass through. As a rough guide, short trips within the city and to the inner suburbs will cost you between \$1.90 (1 to 2 sections) and \$4.20 (6 to 9 sections) if you pay cash to buy the tickets. However, if you purchase a TravelTen ticket which is good for 10 trips, it can save you 20% on the bus fare. For instance, if you pay cash for a

short trip (1 to 2 sections), it will cost you \$1.90 but it is only \$1.52 per trip on TravelTen.

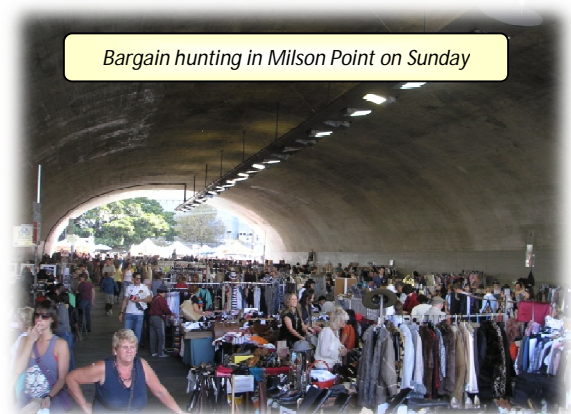
For more information, visit the website at: www.sydneybuses.info

Home > Living in Sydney > Living Costs in Sydney > **Prices of Grocery and Food Items**

Prices of Grocery and Food Items

If you would like to find out the most current prices of some supermarket items such as dairy products (milk, cheese, and butter), bread and cereals, meat and seafood, fruit and vegetables, household supplies and so on, we highly recommend you try out the virtual grocery shopping experience online.

Just click on the websites below to start researching the prices online. Remember, you do not actually ask to have your grocery order processed, that is, DO NOT give your credit card details for any payment! For your information, the two biggest supermarket stores in Sydney are Woolworths (also known as Safeway in Melbourne) and Coles while other smaller major supermarkets are IGA and Aldi. For your information, grocery items are generally cheaper at Aldi.



www.woolworths.com.au

www.homeshop.com.au/website/home.jsp

www.coles.com.au

www.ColesOnline.com.au

www.iga.net.au

www.aldi.com.au

In Sydney, your grocery shopping can be done just at your finger tips by clicking away online and then you can get your grocery order delivered to your door step at a fixed delivery charge. However, if you are on a tight budget or want to save money, shopping online is definitely not a good idea at all!

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Initial Expenses upon Arrival in Sydney

Initial Expenses upon Arrival in Sydney (estimated in Australian dollars)			
1	Airport Transfer	\$80 - \$150	Based on transport costs from the airport if you have not requested for our Airport Pickup Service.
2	Food, transport and associated expenses	\$250 - \$500	For the first three weeks
3	Rent advance or rental bond	\$300 - \$700	Rent for your accommodation in advance. Rental bond is the security deposit.
4	Bedding	\$100 - \$250	Based on costs if you have not brought it with you, or it is not provided in your accommodation
5	Warm clothing	\$50 - \$150	Especially in winter (June to August) if you are coming from a tropical climate.
6	Phone calls home	\$5 - \$25	You can buy cheap international calling cards at convenience store to call overseas
<p>Important Notes***</p> <p><i>We advise you to bring enough money (e.g. cash in Australian Currency and bank drafts) with you to cover your expenses for the first few weeks because it can often take some time for money to be transferred from your home country to Australia.</i></p> <p><i>Foreign currency can be exchanged for Australian currency at Sydney Airport or in the city area. If you arrive in Sydney on a weekend (Saturday/Sunday) and do not change some currency at the airport you may not be able to change it until the next working day.</i></p> <p><i>Also, initial establishment costs for a shared apartment, such as rental bonds for accommodation, electricity, gas and telephone, could add up to at least A\$1,500.</i></p>			

Cost of an Overseas Student Health Cover (OSHC)

OSHC is an insurance that provides cover on the costs for medical and hospital care which international students may need while in Australia. OSHC will also pay for most prescription drugs and emergency ambulance transport.

If you are an international student studying in Australia, you must purchase an approved OSHC policy from a registered health benefits organisation (commonly referred to as health funds) before applying for your visa. You will need to buy OSHC before you come to Australia, to cover you from when you arrive. You will also need to maintain OSHC throughout your stay in Australia.

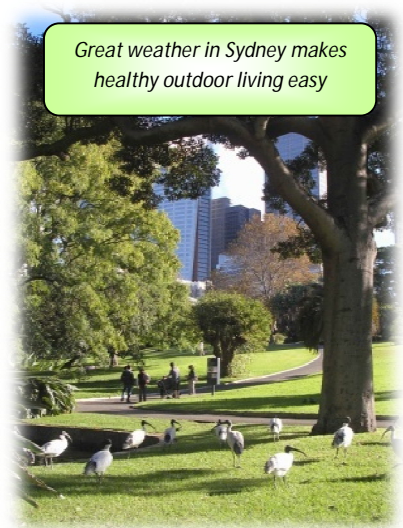
Cost of an Overseas Student Health Cover (OSHC) (Tick ONE only)		
Length of Coverage	Single Person	Family Coverage
3 Months	<input type="checkbox"/> \$88.50	<input type="checkbox"/> \$177.00
6 Months	<input type="checkbox"/> \$177.00	<input type="checkbox"/> \$354.00
9 Months	<input type="checkbox"/> \$265.50	<input type="checkbox"/> \$531.00
12 Months	<input type="checkbox"/> \$354.00	<input type="checkbox"/> \$708.00
24 Months	<input type="checkbox"/> \$672.60	<input type="checkbox"/> \$1345.20

It is a condition of your student visa (Condition 8501) that you must have a valid private health insurance (OSHC), for the entire duration of your stay in Australia. If not, your student visa will be cancelled.

As part of our student support service at Australian Ideal College, we arrange a comprehensive OSHC insurance policy for you through Medibank Private and our staff will explain to you about OSHC on the Orientation Day on Day 1.

If you would like to find out more about purchasing OSHC, visit the Australian Government website at

<http://www.health.gov.au/internet/wcms/publishing.nsf/Content/Overseas+Student+Health+Cover+FAQ-1>



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